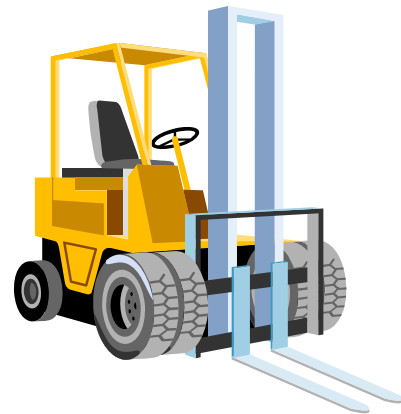


52 WEEKS OF SAFETY TRAINING FOR THE CONSTRUCTION/WAREHOUSE INDUSTRY

Bring in the New Year With Safety
Confined Spaces
Trenching Safety
Flagger Safety
Ladder Safety
Electrical Safety
Working Safely with Flammable Substances
Getting On and Off Heavy Equipment Safely
Material Safety Data Sheets
Side with Safety – Use Guardrails
Safe Lifting Techniques
Jacks, Lifts and Hoists
Working Safely in Concrete and Cement
Report Unsafe Equipment and Machinery
Formwork and Reinforcing Steel
Engulfment
Close Calls – Look Again
Scaffolds - Permanent Safety on Temporary Structures
Earth Moving Equipment
Machine Safety – Requirements for Safeguards
Save Your Back When Working in Awkward Positions
Follow the Safety Path - Don't Take Shortcuts
Walking/Working Surfaces
Stay Cool When It's Hot
"Back" to Basics
No Place for Jokes, Games or Contests
Slips and Falls
Side with Safety – Use Guardrails
Power Tools
Personal Protective Equipment
Protect Yourself Against the Hazards of Electricity
Choosing and Using Work Shoes
Eye Protection – Seeing is Believing
First Aid

Working with Chemicals
Hand Tools
Fire Safety
Materials Handling: Dollies and Hand Trucks
Back Exercises Making Your Back Work for You
Watch Out for Pinch Points
Avoid Slips, Trips and Falls
Choosing and Using Work Gloves
The Hazards of Fatigue
Handle Tools for Your Safety
Hearing Hazards
Attitude is Everything
Hand Hazards
Holiday Fun, Holiday Stress, Holiday Accidents
Stairways, Aisles and Walkways
Practicing Good Housekeeping



SAMPLE

Employee Handout

Safety Communication: Confined Spaces

The nature of confined spaces makes them dangerous and even deadly. They are small, cramped spaces into which a worker fits, but which have limited or restricted means of entry or exit. You can perform tasks within confined spaces but the space is not intended for continuous occupancy.

The atmosphere in a confined space, for example, may seem like any other. But that is one work place that must never be taken for granted. The air may look safe and smell safe, yet be filled with enough toxic contaminants to kill. Air, whether life sustaining or killing, is usually colorless, odorless, and tasteless.

Some of the safety hazards that could be present in a confined space include:

- Lack of oxygen, which can cause suffocation.
- Poisonous vapors and gases that cause asphyxiation.
- Gases, vapors, and dust particles that can create a flammable or explosive atmosphere.
- Physical hazards such as drowning, engulfment, entrapment, and bites from snakes, rodents, and insects.

Company employees must be trained to recognize a confined space, recognize its hazards, and deal with those hazards so no one gets hurt. Before you enter a confined space, make sure you have completed the appropriate training and understand how to enter the space safely.

Confined or enclosed spaces include storage tanks, process vessels, bins, boiler, ventilation or exhaust ducts, sewers, pipelines, and any open-top spaces more than four feet in depth such as pits and tubs. Remember, if you ever suspect something is wrong, exit the space immediately.

Read and review written entry procedures. Make sure you understand all OSHA standards and recommendations.

Have a trained attendant maintain constant contact with you while you're in a confined space. Attendants responsibilities are to observe and call for help if necessary, but they should never enter the confined space even to attempt a rescue.

You can work safely in confined spaces if you are trained and you follow safe practices.



SAMPLE

Employee Handout Confined Spaces Test Your Knowledge

Employee Name: _____ Date: _____

1. If the air looks safe and smells safe it is okay to enter a confined space.
 - a. true
 - b. false

2. Examples of confined spaces include _____ and _____.

3. Before you enter a confined space, make sure
 - a. you have a hat on
 - b. you have completed the appropriate training
 - c. you understand how to enter the space safely

4. If you ever suspect something is wrong in the confined space
 - a. continue with caution
 - b. look and smell for problems
 - c. exit the space immediately